

The Liberian Medical Clinic

ReclaimKids Newsletter



The Paynesville Medical Clinic “Addressing The Needs of a Community”

Access to basic health care is improving, but coverage and distribution remains inadequate, especially in the rural areas of Liberia. This situation is certainly no different in the village of Paynesville.

In Paynesville, people must travel to the ELWA hospital located 7 miles away. Often this journey is made by foot or by carrying their sick loved one in a wheel barrel, as motor transportation is sparse and too expensive. Even if they endure the journey, the majority of people in this area cannot afford the health care provided. To compound the problem, the clinic is only open limited hours.

In order to address this enormous need, Albert Stewart (Executive Director of ReclaimKids partnering Liberian NGO) has already sourced a building and found adequate medical staff to jump-start a dedicated clinic. This clinic, featured in the picture above, will have 14 rooms in total, including gender-specific wards, a pediatric unit, operating room, delivery room, 2 physicians rooms, 5 bathrooms and 2 storage rooms.

The clinic will provide affordable health care 24/7 and is aimed to decrease infant and child mortality due to unaffordable medicine and health care. A properly outfitted operating and delivery room will also serve to decrease infant and maternal mortality and enable long standing illnesses and diseases to be properly treated.

The people of Paynesville, a community full of hope and expectations, visit the clinic daily inquiring when it will be open.

Target opening date is aimed for Dec 09.

The Reality of Liberian Living

Five years after the end of war in Liberia, many injured survivors are still suffering from physical wounds that were never properly treated. Infections and illness due to injuries sustained during the war are common, including bullets not removed and wounds not properly treated.

Although basic healthcare is free in Liberia, more complicated operations such as the removal of these bullets carry fees which most Liberians cannot afford. An X-ray to pinpoint the location of a bullet costs \$10 at the JKF hospital in Monrovia but the average Liberian earns under \$0.50 a day.

The impact of this conflict is even farther reaching.

Under five mortality rate is the fifth highest in the world.

Infant mortality is the third highest in the world.

Maternal mortality is the twenty-first highest.

One in four children will not see their fifth birthday because of malaria (18% total deaths), diarrhea and vaccine preventable diseases such as measles, diphtheria, whooping cough and acute respiratory infections.

*All data from UNICEF 2008
State of the Worlds Children*



Get Involved!

ReclaimKids a US based non-profit serving the children of Africa, pursues the Paynesville Medical Clinic project as an extension to current orphan and housing projects. ReclaimKids is in current partnership with a Liberian NGO with over 25 years of tenure. A 20' and 40' container will ship medical supplies and equipment from the States to Liberia. Team members along with our partner NGO will receive the container, sort and stock the clinic for its grand opening.

Supplies

“**C.U.R.E Kits**” are specially prepared boxes, containing thousands of dollars of medical supplies, medications and instruments. Weighing 45 lbs they are perfect to bring as luggage and Reclaimkids is seeking to bring at least 20 for opening week. These can be purchased for \$150 each. Please contact Eileen Greffard at egreffard@reclaimkids.org for further information.

Band-Aids, Bandages and Beyond - Want to donate individual supplies but aren't sure what? We have provided a suggested list of supplies for your information at the back of this newsletter. Please mail them to “Paynesville Medical Clinic” c/o Eileen Greffard, 1429 Aster Court, Superior CO 80027. From there, they will be organized, inventoried and shipped to Liberia.



Equipment

Equipment and regular furnishings are needed for an operating room, delivery room, lab and medical wards. If you know of any functional hospital equipment that is being retired, we ask that you consider this project as a source for donation. All donations are tax deductible and greatly appreciated. Please contact Eileen Greffard at egreffard@reclaimkids.org for further instruction about shipping and delivery.

Building Funds

Reclaimkids is still seeking \$5000 to complete the clinic's electricity, plumbing and hospital furnishings. A donation of any amount is greatly appreciated. Mail checks payable to ReclaimKids, 3189 Princeton Road, Suite 228, Hamilton Ohio 45011. Write “Paynesville Medical Clinic” in the description area. All gifts are tax deductible.

Join The Opening Team!

If you have a passion for medical care, health or nutrition education and would like to donate your talents for this incredible project, we need you! Clinic opening is estimated at the end of 2009. Cost of airfare and lodging will be approximately \$3000. If you are interested, please contact team members below.

Your Contacts

Eileen Greffard, Team Member. egreffard@reclaimkids.org
1429 Aster Court, Superior CO 80027

David Ward - Founder - wardpathways@aol.com
3189 Princeton Road, Suite 228, Hamilton Ohio 45011



Suggested List

Below is a brief list of those items which can be found at your local drugstore or supermarket. If you are able to source supplies from either a medical or pharmaceutical company, a more comprehensive list can be sent to you. Please contact egreffard@reclaimkids.org.

Supplies

Alcohol/Betadine Wipes/Swabs	Pregnancy Kits
Antibacterial Hand Wipes or Solution	Skin Scrub Brushes
Applicators, Cotton Tipped	Steristrips, Large or Smalls
Bandages, Kerlix Roll/Kling/Ace	Syringes, all sizes
Band-Aids	Tape, Medical
Brace and/or Splint	Tongue Depressors
Canes	Wheelchairs
Cotton Balls	
Crutches	OTHERS
Cups, Medicine	Blood Pressure Monitor
Diabetic Machines, lancets & testing strips	Extra Cuffs
Dressing - Sponges, Gauze, Telfa	Goggles, Eye Protection
Dressing - Eye Pads & Shield	Packs, Hot or Cold
Gloves, Non sterile and sterile	Stethoscope
Masks - with or without shield	Thermometers
Needles, all sizes	

Medication

Due to custom regulations, all medication bottles must be unopened, contained in their original package and have an expiry date of at least one year. If you are able to source medications from a medical or pharmaceutical company, a more comprehensive list (including prescriptions) can be sent to you. Please contact egreffard@reclaimkids.org

Pain Relievers

Tylenol, Aspirin, Advil, Aleve
Ibuprofen

Gastro-Instestinal

Tums, Maalox
Loperamide/Imodium
Losec/Nexium/Prevacid

Ointments/Creams

Kwell or Lindane Lotion
Corticosteroid creams/ointments
Metrogel/Metronidazole cream/ointment
Flamazine/Silver Sulfadiazone cream
Silver Nitrate Sticks
Neosporin/Polysporin
Antibiotic Cream/ointment

Eye/Ear

Artificial Tears/Tears Natural
Antibiotics for Eyes/Ears
Saline Drops for Noses

Cough/Cold

Antihistamines
Decongestants
Cough Medicines

Vitamins

Childrens
Adults
Pregnancy

